

Where to buy fragrance-free and natural fragranced products

Would you drink your cologne or perfume? Would you ever consider eating your hand soap? Whatever you put on your skin is absorbed into your body, so while you are not literally eating it, your body is digesting it. These alternatives are good for you and those around you.

Laundry: Seventh Generation, Tide or All Free & Clear, Arm & Hammer Baking Soda Detergent

Personal Care Products: Au Naturalle, Majick Botanicals, Kiss My Face, Tom's of Maine, Aubrey Organics, Jason

All these products are available from local health stores including Trader Joes and Whole Foods, some are also available from retailers like Target and local drug stores. You can also purchase online at www.needs.com. These are only a few of the many fragrance free and all natural products available. Just check the label of ingredients to make sure you are getting the healthy alternative. Please remember we ask you refrain from wearing any chemically scented products when you are visiting our office.

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